



St Andrew's Parish

CORPUS CHRISTI PRIMARY SCHOOL

29 RUSSELL STREET, WERRIBEE VIC. 3030

Telephone: (03) 9741 8440 Facsimile: (03) 9741 8038

www.ccwerribee.catholic.edu.au



NEWSLETTER 8 Wednesday 13th June 2018 WEEK 9, TERM 2

Available on our School App, Website, CC Parent Portal. Paper copies available in the Office

Dear Parents / Carers,

BOOK FAIR

What a great success!! Mrs Judie Baird is to be congratulated on her excellent planning and organisation of all aspects of the Book Fair. The number of parent helpers was wonderful and their help was certainly needed and greatly appreciated. Thank you to all the children and families who supported the Book Fair by purchasing many beautiful and interesting books and items. We are very grateful to everyone who supported in some way to ensure the smooth running of the Book Fair. Thank you!

STUDENT ACHIEVEMENT REPORTS AND LEARNING JOURNEYS

Student Reports and Learning Journeys will go LIVE and be available via email on Thursday 21st June. If you have difficulty accessing your child's Learning Journey and Student Achievement Report please do not hesitate to contact Mrs Anne Walton – anne@ccwerribee.catholic.edu.au or the School Office for support.

ANNUAL REPORT TO THE COMMUNITY

The 2017 Annual Report to the Community is now available from the school office and on our Website. www.ccwerribee.catholic.edu.au. Please see our office Staff if you wish to borrow a copy to read. Any feedback would be greatly appreciated.

ARRIVING TO SCHOOL ON TIME

Numbers of children coming late to school has diminished a little over the past few weeks. Thank you for making the effort to get your child/ren here before our school day begins at **8:45am**. 10 minutes late results in nearly an hour of learning children miss each week. **Students need to be here on time** to feel comfortable, not anxious, to not distract others, to hear instructions, to be prepared for the day, to join in community happenings e.g. prayer, news etc. Arriving early allows settling in time, contact with the teacher, time with friends and a calm start to the learning day.

WEEKEND MAINTENANCE PROGRAM

Our Weekend Maintenance Program continues. Thank you to the many families who attend their allocated time. Please check the Roster and in the lead up to your rostered weekend look out for your **Green Reminder Notice**. Families will receive an SMS reminder, usually the Friday before a rostered Sunday.

*With kind regards,
Linda*

STUDENT ABSENCE FROM SCHOOL

**A reminder for all Parents/ Carers to ensure that the school
is notified of any absence from school by 9:30am.**

This can be done via email at : ccschooloffice@ccwerribee.catholic.edu.au OR

Contacting the School Office by Telephone on : 9741 8440

CORPUS KIDS PLAYGROUP

Our Corpus Kids Playgroup session runs every Wednesday morning from 9:00am to 10:30am in the room adjacent to the library. Sherry, our Pastoral Associate supports the delivery of this program. All parents / carers / grandparents are invited to attend with pre-schoolers between 0-5 years of age.

CHILD SAFE STANDARDS AND VOLUNTEERING AT SCHOOL

Please remember to make sure you have a current Working with Children's Check card and that you have read and signed the Corpus Christi School Volunteer Code of Conduct Statement. I encourage all parents to do this, so that whenever you would like to participate in an excursion or any aspect of school life you can. As a school community we are compliant with government legislation requiring all schools to implement the Child Safety Standards. Please help us in our endeavour to keep our children as safe as possible. The Working With Children's Check card and the Volunteer Code of Conduct are important ways that support us in ensuring our children's safety at all times.

The 5th of June was World Environment Day. Let us continue to encourage awareness and take action to protect our environment.

A Prayer for Our Environment:

Lord, help us to maintain a reverent attitude towards nature, threatened from all sides today, in such a way that we may restore it completely to the condition of brother/sister and to its role of usefulness to all humankind for the glory of God the Creator.





Education in Faith

RE UNITS EXPLORED THIS TERM

It has been a busy term with many events, special celebrations and masses happening in our school. In our different units, our students have been exploring the following this term:

Foundation: Exploring celebrations- there are different types of families and we celebrate in different ways within different families. St Andrews is our parish(family) church where we celebrate. The Church has different celebrations: Sacraments , Special Feast days, family events.

Juniors: How the Holy Spirit helps people to make good decisions and to use their gifts. The saints are people who use their gifts to live as God wants them to and how Christians can learn how to live through the stories of saints' lives.

Middles: What it means to be a spirit person, understanding the Pentecost story, the Church community and how the Spirit works in our lives today.

Seniors: What discipleship means, the early disciples of Jesus and how we can live out discipleship in our lives today.

FIRST COMMUNION (EUCHARIST) SACRAMENT NEWS

As you are aware, First Communion (Eucharist) sacrament preparations for our candidates will start next term. First Communion (Eucharist) will be celebrated at St Andrew's Church on the **19th August at 1pm and 3pm**. Please take note of the information that were sent last week with some important dates. Times when children will be celebrating will be given at the end of Term 2. We ask for you continued guidance and support as they prepare to receive this special sacrament.

CHANGE OF DATES - PLEASE NOTE!

Community Mass on 17th June is cancelled due to a First Eucharist Mass

Foundation and Buddies mass has been moved to 19th July next term. More information about the mass will follow. Families are welcome to attend.

JUNIOR FAMILY FAITH EVENING - Tuesday July 24th ... is the date for our Junior Family Faith evening this year. These evenings which are held from 6:30 –to 7:30 have families sharing special moments such as listening to our story, completing an activity with their child/ren and finishing with a prayer and blessing. We look forward to sharing this special evening with you.

Upcoming
Events:

SACRAMENT PROGRAM DATES FOR 2018

First Eucharist - Sunday 19th August at 1:00pm and 3:00pm

17th June- Community Mass - **Cancelled**

21st June- Foundation and Buddies Mass at 9:00am in MFR

Miss Richelle Mendoza, Religious Education Leader

ICT News

NEW!!! LEARNING JOURNEY TERM 2 2018

A new link to Learning Journey Term 2 2018

will be emailed to parents on Thursday 21st June.

Please be on the look out for emails from the 'Teacher Cloud' in your inbox.

If you did not receive the email or have forgotten or do not have a password please contact Anne Walton via email at annew@ccwerribee.catholic.edu.au

Mrs Anne Walton, ICT Leader

Numeracy News

What an amazing night we had on the 29th May for our Family Numeracy Night! A huge thank you goes out to all the families that attended and I hope you walked away from the evening with some useful information and activities that you can use with your child/children at home. Thank you to all the staff that assisted with the Family Numeracy Night in making it such a successful evening. Just a reminder that I am interested in running some future parent Numeracy workshop sessions at school. If you are interested in attending, can you please email what you would like these sessions to focus on and the times that you would be available to attend. My email is: pdonoghue@ccwerribee.catholic.edu.au

Thank you to all the children that have had a go at answering the Timezone Numeracy Challenge questions so far. Please encourage your child to have a go at the Timezone Numeracy Challenge question in the newsletter and remind your child that they have to show their working out and must use efficient strategies to solve the problem.

The next question for the students to solve is:

Foundation-2 question:

Four students have 15 counters between them. All students have a different number of counters. How many counters might each student have? **Make sure you show your working out in an efficient way.**

Grade 3-6 question:

A new school in Werribee is about to open. There are 288 students at the school and 12 classes. How many students could there be in each class? **Make sure you show your working out in an efficient way. Can you use multiplication or division to solve this problem??**

The children will have 2 weeks to complete and hand in the problem. The cut off time for the next challenge will be **3:15pm on Wednesday 27th June** with the winners being announced at the whole school assembly on **Thursday 28th June**.

Just a reminder that the **Year 3-6 Australian Mathematics Competition will be held on Thursday 9th August** at school. Please fill out the permission note and return it to your child's classroom teacher by Friday 22nd June along with \$6.50 if you would like your child to participate in this competition.

Have a great week!

Mr. Peter Donoghue, Learning and Teaching - Numeracy Leader

Learning & Teaching News

CORPUS CHRISTI PARENT HELPERS 2018

We have had an overwhelming response to our invitation for parents, carers and significant others to help in our classrooms. Thank you to everyone who has expressed interest in doing this and are already helping in our classrooms.

To be eligible to help in our classrooms you must complete these three actions:

Have or apply for a Working with children check available online at the link below

<http://www.workingwithchildren.vic.gov.au/>

Sign the Corpus Christi Volunteer Code of Conduct - Available from the school office

Attend a Corpus Christi Parent Helper Training Course

The next available course will be held on **Friday the 20th July at 9:15am**

Please let me know if you can attend by emailing me

pcesarec@ccwerribee.catholic.edu.au

or

Calling our School Office and leave a message

Research has shown that parent/ carer involvement in the child's school can

- Increase student achievement
- Promote positive self-esteem.
- Create positive behavior.
- Have a positive Impact on attendance



I look forward to seeing those who have contacted me already and anyone else who would love to help us in the exciting task of educating our students.

Mrs Peta Cesarec, **Learning and Teaching Leader**



Wellbeing & Community Partnerships



Senior Wellbeing & Retreat Program

This year, Senior students have been fortunate to have a “Wellbeing Retreat day” as part of their Specialist program. Each home group has three “Retreat” days throughout the year. There are three main areas we are focussing on during this time: Wellbeing, Community and Coping.



Wellbeing: students participate in self-reflection and team building activities including circle time, games and journaling ~ celebrating difference, responsibility for self, who am I and what strengths do I bring?



Community: each homegroup is developing their own Kindness Project ~ building team skills and sense of belonging as they contribute to the broader community through a social justice/ kindness project. Some projects include a second-hand book sale, improving the playground, making ‘self care packs’ for kids in out-of-home care.



Coping skills: the whole program is aimed at developing students’ sense of connection and wellbeing through discovering and enhancing a range of coping skills. This includes mindfulness meditation, singing, music, gardening, sport, talking/ sharing, connecting to community, helping others, confidence, self-esteem, growth mindset, gratitude.

Senior students will undertake their Kindness Projects throughout Terms 3 and 4. Please look out for advertisements and projects – there are many opportunities to support our Senior students!



DON'T FORGET

Parent Teacher Child Learning Conversations

PTCLCs are being held this week.

Mid-year conversations are an especially important time to check in with your child’s teacher and discuss your child’s progress. Students are encouraged to attend and share their learning achievements and goals this year.

If you have been unable to make an appointment time with your child’s teacher, please make contact ASAP. We hope to meet with every family before the end of term.

Mrs Elissa Ardizzon, Wellbeing & Community Engagement Leader

Learning Community News



FOUNDATION UNIT

In Foundation, we have been exploring many different forms of Australian Indigenous artworks. We learnt about the symbols that are used in these pieces and then had a go at interpreting what the artworks were trying to show us. This contributes to our inquiry unit and is leading up to our excursion coming up this Friday. The students are looking forward to our community walk around Watton Street where they will be able to visually see what our community is made up of.

In Religion, we have been discussing the importance of our school house colours and the meaning behind the names we have selected. We have learnt that Mary Mackillop is very special to us because it was her idea alongside Father Tenison Woods, to start building schools for children.

In Mathematics, we have continued to work with our teen numbers. We are working hard to write our numbers as words as well as identifying the numbers that come before and after by using terms such as bigger and smaller.

Yours in partnership, The Foundation Team

MIDDLE UNIT

As part of our Italian unit this semester Middle Community students have taken part in some Pasta Making sessions and sampled some pasta cooked by Signora Parrella. Students learnt how to knead dough, use a pasta machine and make fettuccine or spaghetti that students took home to cook, if they wished. For the pasta eating, students sampled pasta with Napoli sauce or plain pasta with butter.

Thank you to all parent helpers, grandparents and LSO's who assisted the students, your help is very much appreciated.

Yours in partnership, Ms Kim Gleeson, Middle Unit Leader

JUNIOR UNIT

What an amazing experience the students had at the Opera performance of 'Hansel and Gretel'. The students got to experience the Genre of Fairy Tales through performance. Well done to the Junior students for engaging in the performance and representing our school in a positive and respectful way. The Juniors have begun learning about poetry and will continue to look at different types of poems next week. In Numeracy we have begun learning about the properties and features of 2D shapes and some 3D shapes. Next week we will continue to explore these shapes. We have also begun learning about subtraction and linking it with addition. Next week we will continue to look at different strategies and tools to help us with subtraction such as counting up to and down to. For Inquiry we will be using different materials and shapes to create a kite.

Yours in Partnership, Mrs Michelle Surmiak, Junior Unit Leader

SENIOR UNIT



Students in the Senior TEAL Community have worked on investigating how to be a disciple in our world today. During Literacy sessions, students are exploring the structures and features of an explanation text. Students will be writing their own explanation text to explain how an aspect of light works in our world. They will also present an element of the phenomena they investigate as an oral presentation to an audience.

During Mathematics sessions, students will investigate a variety of strategies to effectively solve multiplication problems. They will continue their work on building facts using ICT and games.

Regards, Leanne Spence, Senior Unit Leader



Parenting for Resilience

by Michael Grose



Resilience has proven to be one of the most important factors in predicting success as an adult. The ability to bounce back, regulate emotions and cope with stress are key traits in a healthy, functioning person. Resilience also helps prevent anxiety and depression. It is something we need to be instilling in our children.

As a child's first educators, parents can't leave it to early learning centres, pre-schools and schools to develop their child's resilience. It's something that parents need to be constantly developing. Building resilience is not a program, but should be an approach or mindset that guides your parenting. Here are five principles/ideas that you can easily adapt to develop a strong sense of resilience in your child.

1. Develop your child's self-sufficiency

Self-esteem is an essential element for resilience. It teflon coats children against rejection and self-doubt. The foundation for self-esteem is self-sufficiency. It's the simple things such as feeding yourself as a toddler, making your own snacks in primary school and making your own lunch in secondary school that build self-esteem. Mastery over your own life provides a strong sense of self, which is an important piece of the resilience puzzle.



2. Allow kids to resolve their own problems

Resilience is developed when children own and resolve their own problems, whether those problems are learning, relational or organisational challenges. A lunch left at home is a child's problem to solve – either he borrows or goes without. A teenager who sleeps in on a school day needs to be allowed to manage the inconvenience of the situation, experience the stress that comes with being late and find a solution to avoid a repeat. Look for ways to coach your kids through social, physical and learning challenges but resist the urge to interfere or rescue kids unless it's absolutely necessary.

3. Encourage play (and mucking around) at every age

Encourage your child to play and be playful. As a community we seem to hold little store in the value of free, child-initiated, or even teenager-initiated, play. It's almost as if play time is a waste of valuable learning time. As any adult who experienced the joys of 'mucking around' as a child or young person will know, free play has huge benefits. These include helping children manage fear, providing opportunities to negotiate risk, and learning how to work flexibly with others. Importantly, free play and mucking around help children

experience and tame stress, which is essential for resilience.

4. Focus on face-to-face friendships

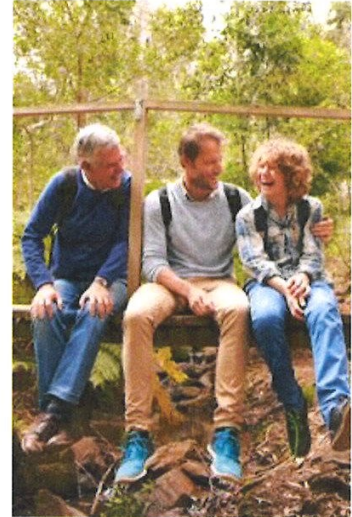
Healthy peer relationships are important protective factors against anxiety and depression for children and young people. From a resilience perspective, peer relationships are most potent when connections are face-to-face rather than through a digital medium. Studies are now showing how simple face-to-face social engagement has a massive positive impact on wellbeing. Positive face-to-face engagement – a smile, a wink or a nod – releases oxytocin, which increases trust and reduces cortisol (stress hormone). These simple face-to-face interactions also release dopamine, which makes us feel better.

For the sake of your child's resilience, encourage more face-to-face interactions, model healthy socialisation and help them balance their time between the online and real worlds.

5. Tell stories of resilience

Storytelling is a powerful way of shaping children's understanding of how the world works. According to a recent study, children who hear stories about family members overcoming obstacles are more resilient and display more grit in the face of challenges. The most helpful stories are those that are realistic, reflecting life's ups and downs. It's often stories of difficulty rather than success that teach and inspire children to persist. Similarly, it helps to remind children of times you worked hard in the past to overcome obstacles. These might include how you learned to ride a bike, how you adjusted to moving schools or how you got along with a seemingly challenging teacher, boss or work colleague.

Perhaps the easiest way to bring resilience into your parenting is to develop a mindset for resilience. It helps to remember the struggles and difficulties you may have experienced and be willing to keep kids' chins up when difficulties and challenges get them down. It's also helpful to remind kids that things will get better. They always do, which is a fabulous resilience lesson to learn.



Michael Grose

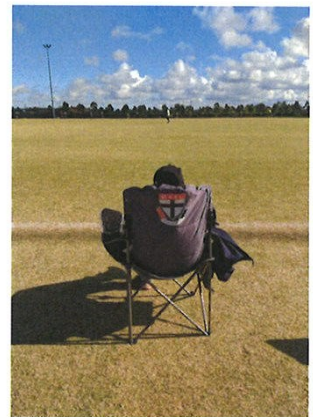
Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 10 books for parents including Thriving! and the best-selling Why First Borns Rule the World and Last Borns Want to Change It, and his latest release Spoonfed Generation: How to raise independent children.

CORPUS SPORT NEWS

GIRLS FOOTY

The inaugural Corpus Christi Girls Football team participated in a gala day at Saltwater Reserve, Point Cook on Monday 4th of June. The girls played four games and were not shy with showcasing their football skills, determination, teamwork and sportsmanship. It was great to see smiles and new friendships formed amongst the team. Thank you to Miss Spence and all the parents and friends that came along to support the girls (and myself)...it was a special day for all.

Miss Dee Dundov - Interschool Sports Coordinator



Overall we played and worked well as a team. I think the girls should be very proud of themselves because they tried their best and that's what matters most.
Ava Knight - Year 5



Before the day I was feeling very nervous because I didn't want to get hurt playing football for the first time. Once I started playing I realised how much fun it really was. I hope we have the same opportunity next year. Katie Forbes - Year 5



It was a really fun day getting to kick the footy around. Two wins out of four games for our first year was great as well.
Tae Lemmer - Year 6



CORPUS SPORT NEWS

Cross Country

On Wednesday the 30th of May, nine Corpus Christi students competed in the Western Metro Region Division Cross Country Championships at Presidents Park. The students braved headwinds during their 2/3km run and each of them completed their race. Thank you to the parents and carers for supporting their child on the day. Congratulations to the students below who have made it to the next level - Western Metropolitan Region Cross Country Championships at Brimbank Park on the 21st of June.



Matthew Musarra (5/6 S)

Noah Tullio (5/6 M)

Ella Duenzl (3/4 S)

Harry Rowbottom (5/6 D)



REMINDERS

- All Years 3-6 Athletics Carnival Permission Forms are due back to school
- If your child is unable to participate in PE Specialist Class due to illness or injury, please provide a written note to Miss Dundov on the day your child has Specialists

Miss Dee Dundov, **Physical Education Specialist Teacher**

Nationally Consistent Collection of Data (NCCD) on School Students with Disability

What is the Nationally Consistent Collection of Data?

Schools must now complete the *Nationally Consistent Collection of Data on School Students with Disability (NCCD)* every year. It counts the number of students who receive additional adjustments or 'help' at school because of a disability. The NCCD helps governments plan for the needs of students with disability.

Who is counted in the data collection?

To count a student in the NCCD, schools must think through some key questions:

1. Is the student getting help at school so that they can take part in education on the same basis as other students?
2. Is the help given because of a disability? The word 'disability' comes from the [Disability Discrimination Act 1992](#) (DDA) and it can include many students.
3. Has the school talked to you or your child about the help that they provide?
4. Has the school kept records about the help they provide, the student needs and the reasons that the student needs this help? The school will need to keep copies of tests, student work, assessments, records of meetings, medical reports or other paperwork and information about how the student's learning is moving along over time.

Once the school decides that the student should be counted in the NCCD, they then choose a disability group and one of four levels of help that has been given to the student.

What does word 'disability' mean in the NCCD?

In the NCCD the word 'disability' comes from the [Disability Discrimination Act 1992](#) (DDA). There are four types of disability that the school can choose from: sensory, cognitive, social-emotional and physical.

Many students who need help at school can be counted in the NCCD. For example, students with learning problems, e.g. specific learning disability or reading difficulty (sometimes called dyslexia), health problems (e.g. epilepsy or diabetes), physical disability (e.g. cerebral palsy), vision/hearing loss and social-emotional problems (e.g. selective mutism, Autism Spectrum Disorder, anxiety).

Letters from doctors or specialists can be very helpful for schools as they plan how to support students with their learning. Schools do not need to have these letters before they can count a

student in NCCD. Teachers can use all that they know about the child's learning and the records that they have collected over time to decide if a student can be counted in the NCCD.

What sort of help does the school give students?

Students need different types of help at school. Some students need a little help sometimes while other students need a lot of help nearly all the time. The type of help given depends on the needs of the student. The help can include changes to the school buildings or grounds (e.g. ramps or things like special desks or chairs), extra teacher help in classes, special learning programs, changes to the work they give the student or extra adult help.

How will the NCCD be different in 2018?

All schools have been counting students in the NCCD since 2015. The government will use the NCCD data as part of the funding to schools.

What will the school need to know about my child for the NCCD?

Schools work together with families to understand the needs of each student. It is helpful if families give their child's teacher a copy of any letters or reports they have. The letters or reports will help the school understand the student and the help that they might need. Letters from doctors, psychologists, speech pathologists and occupational therapists etc. can be very helpful for schools. These reports, along with information that the teacher has (i.e. school based tests, your child's work and learning plans), helps the school to understand and meet the student's needs.

What happens to the NCCD data? Who will have the NCCD information?

Each school principal must check the NCCD data in August of each year. The school will give the information to the Catholic Education Office. The school will work with the Catholic Education Office to make sure that the NCCD data is OK before they give the data to the government. The government will not be given the names of any students or any letters or records. Please ask your school for their privacy policy if you need to know more.

Does the school need me to agree with them about counting my child in the NCCD?

Changes were made to the law ([Australian Education Act 2013](#) and [Australian Education Regulation 2013](#)). Schools do not need you to agree to let them count a child in the NCCD. You cannot ask the school not to count your child.

Where can I find out more?

If you have questions, you can ask your child's school for help. You can find out more by looking at these links:

- [NCCD national website](#)
- [Disability Standards for Education 2005](#)
- [Australian Government Department of Education and Training–NCCD](#)
- [2019 Students with Disabilities \(SWD\) Information Sheet for Schools, Parents, Carers and Guardians.](#)

LOTE NEWS

We have been pasta making!

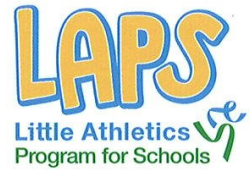
As part of our Italian Unit this Semester Student in Middle Communities have taken part in some Pasta Making sessions and sampled some pasta cooked by Signora Parella. Students learnt how to knead dough, use a pasta machine and make fettucine or spaghetti that students took home to cook if they wished. For the pasta eating students sampled pasta with Napoli sauce or plain pasta with butter. Thank you to all Parent Helpers, Grandparents and LSO's who assisted the students, your help is very much appreciated.



2018 SCHOOL CALENDAR & IMPORTANT DATES

| | |
|-----------------------|--|
| Friday 15th June | Whole School Assembly at 2:05pm in MFR |
| Sunday 17th June | Corpus Christi Community Mass 10:00am - Please note - <u>CANCELLED</u> |
| Tuesday 19th June | P & F Meeting 7:00pm in Staffroom - All Welcome to attend |
| Thursday 21st June | Foundation / Buddies Mass 9:00am - All Welcome to attend |
| Friday 22nd June | SCHOOL DISCO - Foundation & Juniors 5:00pm to 6:15pm, - Middle / Seniors 6:45pm to 8:15pm |
| Thursday 28th June | Whole School Assembly 2:05pm in MFR - Final assembly before end of term 2 |
| Friday 29th June | <u>Last Day of Term Children dismissed at 1:00pm for Term 2 Holidays</u> |
| Monday 16th July | First Day of Term 3, Students return to school from holidays |
| Tuesday 17th July | P & F Meeting 7:00pm in Staffroom - All Welcome to attend |
| Thursday 19th July | Middle Unit Mass Celebration 9:00am |
| Friday 20th July | CC Athletics Carnival Yr 3 to 6 at VU Athletics Track (Back up Date: 27th July) |
| Tuesday 24th July | Junior Prayer Night 6:30pm in MFR |
| Friday 27th July | Whole School Assembly 2:05pm in MFR |
| Monday 30th July | Parent Evening "Social Media, Selfies and Self Esteem" 7:00pm to 8:30pm |
| Tuesday 31st July | School Board Meeting at 6:15pm |
| Tuesday 7th August | First Eucharist Family Night at 7pm |
| Thursday 9th August | Australian Mathematics Competition |
| Friday 10th August | St Mary of the Cross MacKillop Reflection & Whole School Assembly 2:05pm |
| Saturday 11th August | <u>P & F Fundraising Event - Winter Cocktails 7pm to Midnight - Book Now!!</u> |
| Thursday 16th August | Junior Unit Mass Celebration 9:00am |
| Sunday 19th August | First Eucharist Masses 1:00pm and 3:00pm |
| Tuesday 21st August | P & F Meeting 7:00pm in Staffroom - All Welcome to attend |
| Friday 24th August | Whole School Assembly 2:05pm in MFR |
| Tuesday 28th August | Elio Capra - Guest Speaker Parent Night Sacraments Today 7:00pm |
| Tuesday 4th September | School Board Meeting 6:15pm |
| Friday 14th September | Whole School Assembly 2:05pm in MFR |
| Friday 21st September | <u>Last Day of Term Children dismissed at 1:00pm for Term 3 Holidays</u> |

Jetstar



littleathletics.com.au

BE YOUR BEST

Middles participated in the Little Athletics Program for Schools

Who can do Little Athletics? Little Athletics venues are able to cater for children from 5 to 15 years of age, with many Centres able to cater for athletes with a disability. No matter what your skills or ability Little Athletics is all about family, fun & fitness® and making sure you can be your best®.

How will I learn?

Many Centres have coaches to help you improve and learn about athletics so you can get the most out of your involvement with Little Athletics. Learning is fun and in no time you will see your personal best (PB's) performances improve.



What events can I do?

Depending on your age group Little Athletics offers: Sprints, Middle and Long Distances, Hurdles, Relays, Walks, Shot Put, Discus, Javelin, High Jump, Long Jump, Triple Jump and Cross Country.

How friendly is it?

You will find no shortage of friends or friendships at Little Athletics! Little Athletics has provided a friendly environment for over 50 years with millions of Aussies enjoying their experience. If you are uncertain or a little shy, bring your best friend and do Little Athletics together.

What are the benefits?

If you are fit it makes you feel good about yourself and you have the energy to do anything. Young people who take an interest in sport are more likely to stay fit for life.

What does my mum, dad or family have to do?

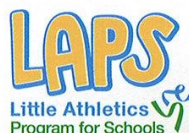
Apart from making sure you get safely to and from Little Athletics, your mum and/or dad or your family make great helpers and officials and coaches of the future. Organising, raking, recording, directing and measuring are all jobs families and helpers are asked to do.

How do I join?

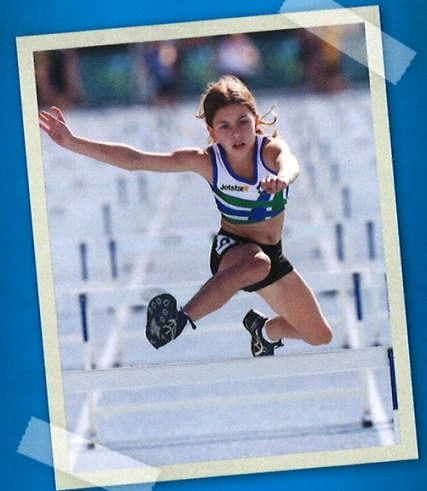
Simply visit our website to register online or contact your nearest Centre for details. You can join at any time!

Run, jump, throw, have fun and be healthy.

BE YOUR BEST



Jetstar



To find your nearest centre go to littleathletics.com.au

CORPUS CHRISTI PRESENTS

Winter Cocktails

A Party Fundraiser



**BOOK YOUR
TICKETS
NOW !!**

THE ITALIAN SOCIAL CLUB | SATURDAY, 11 AUGUST 7PM-MIDNIGHT

\$50 ENTRY PP | DRESS SEMI-FORMAL | DJ | ADULTS ONLY EVENT

INCLUDES FINGER FOOD, DOOR PRIZE, DRINKS AT BAR PRICES