



St Andrew's Parish

CORPUS CHRISTI PRIMARY SCHOOL

29 RUSSELL STREET, WERRIBEE VIC. 3030

Telephone: (03) 9741 8440 Facsimile: (03) 9741 8038

NEWSLETTER 10 Wednesday 14th August 2019 WEEK 5, TERM 3

Visit our website at www.ccwerribee.catholic.edu.au and Download the School App (bottom of home page)

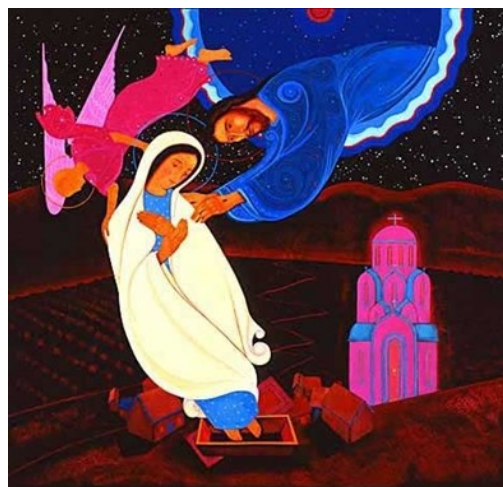
Report STUDENT ABSENCES ccschooloffice@ccwerribee.catholic.edu.au OR 9741 8440 by 9:30am

Dear Parents /Carers,

Last week we celebrated the Feast of St Mary the Cross MacKillop at a liturgy before our Whole School Assembly. It was a lovely celebration of our first Australian saint and one which is very special to us as the Sisters of St Joseph were instrumental in our beginnings as a Catholic school.

St. Mary of the Cross MacKillop Prayer

*Ever generous God,
You inspired Saint Mary MacKillop
To live her life faithful to the Gospel of Jesus Christ
and constant in bringing hope and encouragement
to those who were disheartened, lonely or needy.
With confidence in your generous providence
and through the intercession of Saint Mary MacKillop
We ask that you grant our request to bless the community of
Corpus Christi
We ask that our faith and hope be fired afresh by the Holy
Spirit
so that we too, like Mary MacKillop, may live with courage,
trust and openness.
Ever generous God hear our prayer.
We ask this through Jesus Christ. **Amen.***



SACRAMENT of Eucharist - GRADE 4 STUDENTS

Our Grade 4 students will be celebrating the Sacrament of First Eucharist at 1:00pm and 3:00pm on Sunday 18th August at St Andrew's Church. A First Eucharist Preparation Session for all Candidates and their parents was held on Tuesday 7th August. Father Richard Leonard facilitated a very informative and engaging evening along with the Middle Unit teachers. We wish to thank all parents for attending this very important meeting. I ask that you keep our Grade 4 students and their families in your prayers as they prepare for the reception of this very special sacrament.

FATHER'S DAY BREAKFAST – FRIDAY 30th AUGUST at 7:30am

All Fathers, Uncles, Grandfathers and Special men in the lives of our children are welcome to a **Special Breakfast on Friday 30th August at 7:30am**. Breakfast will be followed by a presentation by a **Guest Speaker - Mr Perter Frazer on "Drive So Others Survive"**. We will conclude the morning with a **Father's Day Liturgy in the MFR at 9:45am and tour** of our learning communities.

COUGHS AND COLDS

Colds, coughs and sometimes flu are symptomatic of this time of year. We ask that children stay home when unwell to assist in the prevention of passing on these illnesses. It is also very difficult to concentrate and learn when feeling unwell.

IMPORTANT - LEARNING COMMUNITY GROUPINGS 2020

ALL CONSIDERATIONS DUE BY - FRIDAY 6th SEPTEMBER

Staff will be considering Learning Community groupings for 2020 during Term 3. Your child's teacher and all the teachers in your child's level consult frequently about each individual child's development, academically, socially, emotionally, spiritually and physically. When placing your child into a new learning community, your child's Learning Community Home Group teachers are the best people to place your child in a group that enhances your child's learning.

Teachers know the children that work well together and those that may do better when placed apart. Teachers know the children who may need a special 'friend' in their learning community group. Teachers know students' friendship groups. Parents can be invaluable supporters of teachers by ensuring as much information is shared with teachers as possible. This culmination of knowledge will be used to place your child in a Home Group for 2020.

PARENT OPINION SURVEYS

CEMSIS – Catholic Education Melbourne School Improvement Surveys

These surveys will replace the Insight SRC surveys used during the past 12 years in Victoria by Catholic Education Melbourne (CEM). These surveys include Staff, Student and Parent Opinion Surveys.

The main aim of the surveys is to identify the strengths and challenges we face at Corpus Christi School. The Survey window runs from 2nd September to 20th September and we believe results will be available about a month afterwards. Your input through this survey is most valuable and greatly appreciated. It is important to be aware that this is ONLY ONE data source and it needs to be analysed alongside multiple data sources when the reports / results are made available. We will make surveys available to ALL families as in previous years and as always we will use the results to inform future school goals and focus areas for development and improvement. We strongly encourage you to participate as the success of this important project is dependent on parents' involvement.

Kind regards, Linda

ICT News!

PARENT PORTAL

Parents have had access to the Parent Portal since the start of Term 2 and many parents have had the opportunity to log in and verify their details and access Semester 1 Student Achievement Report. If you are yet to log in, we encourage you to do so that you too can verify your details. Please contact the school office if you need assistance.

WEEKEND MAINTENANCE PROGRAM



Weekend Maintenance has been running smoothly - thank you to everyone who has helped so date. As your rostered Sunday approaches a green reminder notice is sent home to you via your eldest child. Families will receive an SMS reminder, usually the Friday before a rostered Sunday also. Thankyou for your support of the program and our school.



Education in Faith



*We continue to pray for our students who are receiving the
Sacrament of Eucharist this Sunday 18th August*

Angel Mills	Mia Rainone	Lucy White	Leonardo Ferlazzo
Harry Ardizzon	Makealy Carpinteri	Talia Hallinan	Samantha White
Amilia Portelli	Mia Costa-Jackson	Tyler Kokocinski	Luca Spera
Caleb Vincent	Noah Courtney- Holland	Sofia Jerbic	Jordyn Allwood
Paige Perram	Lincoln Van Dort	Benjamin Panhorst	Louis Gill
Lauren Watts	Ariana Suares	Lucas Sgro	Ava Santamaria
Massimo Afferi	Tyson Murone	Tahlia Liangos	Charlize MacLeod
Angela Rowe	Georgie Ware	Bridgette Murphy	Sofia Lazzaro
Natalia Di Blasi	Eleanor Marinaro	Jett Lewer	Sienna Sesto
Caden Ryan	Liliana Scicluna	Layla Hayes	Chace Todaro
Jacob Santamaria	Natalia Trovarelli	Samson Gill	Xavier Whyte
Jesse Cannizzaro	Charles Bramich	Caitlyn Musarra	Ryan Alush
Alexis Liangos			

SACRAMENT NEWS

Our Year 4 students are preparing to receive their First Eucharist this Sunday **18th August at St. Andrew's Church at 1pm and 3pm**. Please keep our students in your thoughts and prayers as they prepare to receive this special sacrament.

FEAST OF THE ASSUMPTION - Thursday 15th August

The Feast of the Assumption of Mary. Pope Francis says "On the feast of the Assumption, when Mary completes her journey on this earth, she precedes us in the pilgrimage of life and faith...

"We ask her to keep us and support us; so that we may have a strong, joyous and merciful faith," he said. "May she help us to be holy, so that we might meet with her, one day, in Heaven."

We look forward to celebrating with you and celebrating Mary that day!

ST. MARY OF THE CROSS MACKILLOP

Last week, we celebrated the Feast day of St. Mary of the Cross MacKillop. We remember the dedication and courage St. Mary MacKillop had to reach those in most need. Our Senior Unit led the reflection highlighting her faith, courage and tenacity. Share with your child "How can we be more like Mary MacKillop in our world today?"

COMMUNITY MASS

We invite families to our Community Mass held at St. Mary of the Cross Chapel, Werribee on **Sunday 15th September**. We invite all our families to join and celebrate as one St. Andrew's parish community. Some students may be asked to part of the celebration.

JUNIOR MASS

We warmly invite families in the Junior Unit to attend their Unit Mass Thursday 15th August, beginning at 9am.

*Upcoming
Events:*

15th August - Junior Unit Mass 9am in Aqua Community

18th August - First Eucharist 1pm and 3pm

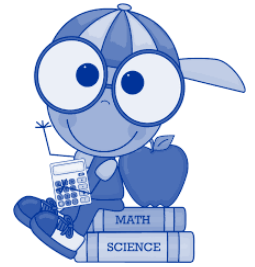
30th August - Father's Day Breakfast and Liturgy

15th September - Community Mass at St Mary of the Cross MacKillop Chapel

Miss Richelle Mendoza, **Religious Education Leader**

Learning & Teaching News

Term 3 has many events happening for all levels of the school. For more information please read the parent Term 3 Overviews for each community to see the dates and events that are planned for this term.



All communities have begun new Inquiries and have completed the immersions which give students a taste of what is to come. Immersions give students the opportunity to wonder and create questions about their future inquiry. These give the teachers an insight into what students know and what they need to learn.

Foundation and Juniors are learning about Science and Middle and Senior classes are learning about Australian History and all are engaged in finding out about these subject areas.

Corpus Clubs have begun and students have chosen which new skills they would like to develop and have been placed in groups accordingly.

Corpus Clubs give students opportunities to work and discover new learning with different age groups across the school. Groups are comprised of Foundation - Year 2 students and Year 3 - Year 6 students. Clubs range from Cooking, Arts and Crafts, construction and many others.

This evening we welcome all families to the Family Literacy Night where we will be offering short workshops on Reading, Writing and Spelling. We have many replies already and are excited to see so many attending.

Mrs Peta Cesarec, Learning and Teaching Leader

2019 CC Arts Show!

Our Art Show is approaching, how exciting! Save the date, "CC Community Showcase" is coming Thursday 24th October. In order for the school to advertise the art show called "CC Community Showcase", we need a logo to go on the posters and tickets that will tell the public (your mums, dads and families) all of the details. **The Arts Show Team**

Attention : Students! Logo Design Competition!!

Your Logo has to have the following included if you want to win:

- The Words Community Showcase
- The Corpus Christi Logo or the letters CC somewhere included
- The year 2019

Some tips for our designers...

- * You might include the words "Corpus Christi" (but don't have to)
- * Your design must be an original creation presented on A4 paper
- * Please include an explanation of your design, your name and class on the back or a separate piece of paper.

There will be one winner in Foundation to Grade 2 and
one winner in Grades 3 to 6.

Make your logo inspiring, eye catching and amazing!

Entries are due to Mrs Chetcuti by : **Tuesday 27th August**

Learning Community News

MIDDLE UNIT NEWS....

In the Middle Unit, we have been learning about Naidoc Week, life in the 1700-1800s in England and the voyage of the First Fleet to Australia. The students will be further exploring the life of the early settlement in Australia and the effects of colonisation on Indigenous Australians.

In Mathematics, we have looked at the connection between multiplication and division. The students have also been visually representing multiplication and division equations using concrete materials and drawing them as arrays and pictures. In the next few weeks we will be exploring fractions and revisiting addition and subtraction.

In Literacy, we are exploring historical narratives, journal entries and using writer's craft (investigating the craft of writing by developing vocabulary so that they can become more creative writers) to enhance our writing. Students have also been involved in reading workshops and are focussing on literal, inferential comprehension, making connections and locating evidence in the text to support understanding of what they have been reading.

As part of our wellbeing focus we are looking at meditation, cyber safety & respectful relationships.

Kind regards,

The Middle Team- *Helen Drezga, Ben Richards, Megan Urlichs, Stephanie Mobilio, Eugene Volkwyn, Jenai Harrington, Lyn Tramontana and Karen Pacifici.*

FOUNDATION UNIT NEWS....

Wow Term 3 has definitely been super exciting for all our children. We started our term 100 Days Smarter and celebrated our achievement by decorating cupcakes, making food kabobs and getting dressed up as 100 year old people. Everyone did a marvellous job with their costumes, we would like to thank all parents for your support. Foundation are absolutely flying this semester, we began with an inquiry immersion where the children learnt about the 5 senses (sight, hearing, touch, taste and smell). Our inquiry unit this term is called 'The School of Rock and Roll' we will be continuing to explore the forces of push and pull.

In Mathematics, we have been focusing on numbers that become before and after (one less, one more) and counting on using a number line. We have also started using tens frames in our sessions. We learnt that just by looking at a tens frame we know what number we have without having to count each one, this is called subitising.

In Wellbeing, we have been learning about germs and how they can spread quickly. We conducted an experiment with glitter germs and now we know if we don't cover our mouths when we cough/sneeze and wash our hands we can get very sick. We had a paramedic visit us and she shared how she takes care of people and then took us on a tour of the ambulance.

We look forward to more exciting adventures this term.

Stay up to date with the happenings in Foundation on the Remind App : Yellow **@yellow2019** OR
White **@whitecomm**

Yours in partnership, **The Foundation Team**

Stay connected with news & reminders from your child's learning community!

Download the 'Remind' App and use your child / ren's Community Remind Code to get started!



Foundation Yellow **@yellow2019** OR White **@whitecomm**

Junior **@ccjun2019**

Middle **@middles19**

Senior **@seniorscc**

For information visit: <https://www.remind.com/families>

Learning Community News

SENIOR UNIT NEWS....

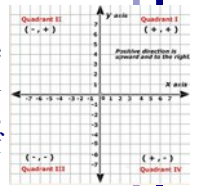
The Senior Teal Community has started Term 3 at a fast pace and continue to do so as we approach the half way mark for the term. We started our Inquiry Unit with NAIDOC Week, leading into Australian History - Gold Rush to Federation. Students made connections on the walk around Werribee to look at different types of artwork, to the past and present and they enjoyed their experience in Lygon Street also making connections to the Italian influence on their lives.



In Literacy, students have been investigating biographies and writing biographies about a fellow student, grandparent or significant person in their life. Some of the biographies are beautiful tributes to a very special people. They have continued to share thoughts, wonderings and questions they may have, during Book Clubs. Students have had the opportunity to change their book and in some cases, teacher to work with, bringing a new perspective.



In Numeracy, students have been investigating efficient strategies and tools they can use to solve Addition & Subtraction problems in whole numbers, fractions and decimals, particularly using vertical addition and subtraction strategy. Students have also explored grid systems to describe locations, cartesian coordinate system using all four quadrants and translations, reflections and rotations of two-dimensional shapes.



We started Religion with a unit on St Mary MacKillop looking at the different ways she has been represented in artwork. Students identified how Mary served her community and continues to do so today. The Senior Unit has started to explore Eucharist and how it is part of their Sacramental journey.



Senior TEAL Community Remind Code is @seniorscc

JUNIOR UNIT NEWS....

There has been lots of great learning happening by all students. Our Juniors are really enjoying their science Inquiry on light, sound, forces, and sense; doing many different experiments.

In Well being, students have been learning about the Aboriginal culture; Respect, Treaty and Voice.

In Art students have been looking at Aboriginal art work and will go on their excursion on Friday to explore Aboriginal art.

In Numeracy, students have been engaged in a variety of measuring tasks including measuring the duration of time, the length, volume, weight, capacity and area of objects using formal and informal units.

Students have also been learning many different multiplication skills such as making groups, skip counting, making arrays and mental facts. Next week we will begin division and making the connection between multiplication and division.

In Religion students have celebrated their learning on Mary MacKillop by writing her a prayer and singing reverently at our Feast of Mary MacKillop Liturgy. We have now begun and will continue to learn about the sacrament of Eucharist.

In Religion students have been writing and engaging in procedural texts following the correct structure and learning about the different features. In the next few weeks, we will begin writing Narratives including the setting, characters, problem and solution.

Yours in Partnership, Michelle Surmiak and the **Junior Team**

Adventures in Carlton!

SENIOR ITALIAN MUSEUM AND LYGON STREET EXCURSION

On Friday 19th July all Senior students had a one hour self guided tour of the “Museo Italiano” and a tour of Lygon Street Carlton. At the museum students were able to explore the contributions that Italian migrants made to our Australian community.

During their walk students were able to visually see the impact that the Italian community had in the area of Carlton. In addition students had the opportunity to sample an Italian gelati and Italian cakes. I would like to thank all the parents that attended and the Senior teachers for a very educational and enjoyable excursion.

Signora Ada Parrella, Italian (LOTE) Teacher



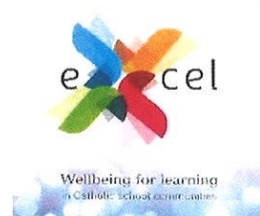
Wellbeing & Community Partnerships

parenting*ideas

eSmart
Smart. Safe. Responsible.

School Closure Day: Wellbeing for Learning

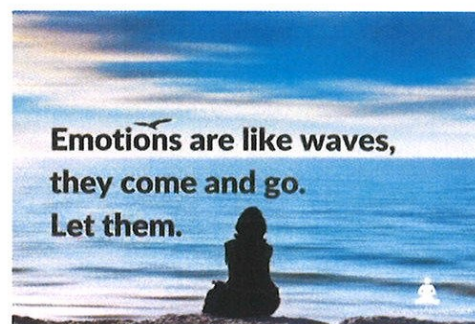
On Monday 29th July, teachers participated in a professional learning day on *Wellbeing for Learning*. Wellbeing is not a stand-alone subject area. Whilst we pride ourselves on our wellbeing programs, at Corpus Christi we believe that wellbeing and learning are inextricably linked. Our research based Catholic Education framework asserts that children who have *‘a sustainable state of positive mood, attitude, resilience and satisfaction with self’* are more engaged and successful learners (eXcel doc p6). As a staff group, we looked at the optimal conditions for successful wellbeing and learning in schools. Practically, to students, this will sound like things such as ‘Ready to Learn,’ Self-Regulation, Unconditional Positive Regard, Growth Mindset, Resilience, Flow, Stamina for Learning. We thank families for making arrangements for children so we could be engaged in this productive professional learning conversation.



Father Richard Leonard: The “Average” Australian

On Tuesday 30th July, Middle Unit parents attended a parent evening on Eucharist. Fr Richard was very engaging and shared some statistics about the “average Australian.” According to Census data, the average Australian is 37 years old, has 1.9 children and lives in a home with 4.2 bedrooms. He spoke about the challenges of leading our children into “the Happiness Trap.” Often, when parents are asked what they hope for their children, they respond, “for them to be happy.” But is that what we really want? *Are we setting children up for failure by expecting them to feel happy all the time?*

It is an interesting question. From a school point of view, we teach children that all emotions are important. Yes, it is wonderful to experience joy, excitement, happiness... but it is impossible to feel this way *all the time*. Feelings such as frustration, sadness, jealousy, worry and anger are equally important because they are our bodies way of bringing something to our attention. These are normal human experiences that help us to grow and develop coping skills to navigate life’s ups and downs.



When we expect children to be happy all the time, they may begin to feel something is wrong with them when they feel anything other than happy. Instead, we hope children can ‘ride the waves’ of emotions and develop strategies to help them build resilience, to meet their needs and bounce forward. Food for thought!

Connecting at Home

Fr Richard also shared some tips for connecting with children and keeping the Eucharist (and thanksgiving) alive in our homes. Some tips were:

- *Always use manners – saying please and thank you as a sign of respect and gratitude*
- *Try to eat dinner meals together when possible – a time to chat and share about your day*
- *Say Grace before meals – this is a custom that has largely disappeared from our homes. To acknowledge and give thanks for the meal we are about to eat – for the food and family that we often take for granted.*
- *Don’t underestimate your impact- children are always watching & learning! We are their best models*

Mrs Elissa Ardizzon, **Student Wellbeing Leader**

CORPUS SPORT NEWS

Forty-six Corpus students from Years 3 - 6 have qualified to represent the school at the Wyndham District Athletics Carnival. They will compete against ten other local schools at the VU Athletics Track on Wednesday the 21st of August. We wish them all the best on the day in their respective event/s and look forward to hearing about their personal achievements.

Louis Gill Nicola Morris Bridgette Murphy Daisy McGuane Lia Tsighlifs-Platis Tahlia Liangos Leo Ferlazzo Caitlyn Musarra Charlie Gilmayer William Talbot Charlie Bramich	Aurora Natoli Luca Tullio Harry Ardizzon Amilia Portelli Declan Murphy Paige Pititto Ava Knight Vihan Mendis Lilly Allen Lilly Ballan Summer Parker Ava Alush	Livinia Walsh Grace Gilmayer Olivia Shepherdson Loritta Bonsange Ethan Morris Indra Lumban Gaol Raphael Murphy Tristan Woodall Sienna Ferlazzo Justin Leeshar Mali Delaney Kade Byrne	Matthew Musarra Chase Morris Tanami Murdock Eric Wingard Baker Bitton Charlotte Paterson Harry Lowe Ella Duenzl Josh Di Rosa Elisha Lule March Mi
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SAVE THE DATE

FOOTY COLOURS DAY
SHOW YOUR TRUE COLOURS!

FRIDAY 13th SEPTEMBER

Did you know that every year, more than 950 children and young people aged 0-19 are diagnosed with cancer in Australia? Once again Corpus Christi will support Footy Colours Day by raising funds for Fight Cancer Foundation. Monies raised will help continue the education support programs for kids while they undergo cancer treatment.

We encourage everyone in our school community to wear their favourite AFL/Soccer/NRL team colours on Friday the 13th of September and to bring along a gold coin donation to help this great cause. Please ensure your child wears appropriate footwear on the day for all the fun outdoor activities.

Miss Dee Dundov
 Physical Education Specialist/Interschool Sports Coordinator



Thank you to CC community



St Vincent de Paul Society
good works

CERTIFICATE OF APPRECIATION

The St Vincent de Paul Society is a lay Catholic organisation that aspires to live the gospel message by serving Christ in the poor with love, respect, justice, hope and joy, and by working to shape a more just and compassionate society.

This certificate is presented in recognition of your contribution to the life and work of the Society

AWARDED TO

“Corpus Christi Primary School”

Thank you for assisting with our Winter Appeal

29 May, 2019

President
St Vincent de Paul Society Victoria Inc.



One of the many
loads of donations
collected by
the wonderful
St Vincent De Paul
Volunteers

P & F News Term 3

Parents and Friends organised the following fundraisers and activities for our school community. We would like to thank everyone who has continued to support our school.

School Disco

Our final activity for Term 2 was our ever popular **Disco**. Our Disco was on Thursday 27th June and ran from 5pm to 6:15pm for our F-2 communities and 6:45pm to 8:15pm for our 3-6 communities.

Hot Dogs, Popcorn, and glow sticks were available for purchase on the night and all proved very popular. Our students enjoyed this opportunity to be "Disco Ducks". Again a very big thankyou to all who assisted in any way on the evening and prior to the evening to enable it to be such a success

Chocolate Drive.

Our chocolate drive has been very successful. Thank you for your support in selling these. If you haven't already returned the payment for the chocolates or any unsold ones, we ask this be done as soon as possible. Thank you for your cooperation

Jeans for Genes Day

Thank you for donations to this worthwhile cause which was held on Friday 2nd August. Children enjoyed the chance to wear their jeans to school.

What's On and Coming up in Term 3.....

Thursday 29th August - Father's Day Stall -

Friday 13th September - Footy Colours Day (Hot Dog Lunch)

Upcoming Meeting dates:

20th August and 17th September
7:00pm in Corpus Christi Staffroom

As always your help and support is very much appreciated as we continue to work together for the benefit of our school community.

P & F Committee 2019

2019 SCHOOL CALENDAR & EVENTS

Wednesday 14 th August	Family Curriculum Night – Literacy at 6:30pm Newsletter Day !
Thursday 15 th August	Junior Unit Mass at 9:00am in Aqua Community
Friday 16 th August	First Eucharist Reflection Day for Students at Penola Hub
Sunday 18 th August	First Eucharist Celebrations – 1:00pm and 3:00pm St Andrew’s Church
Tuesday 20 th August	Parents and Friends Meeting in the Staffroom at 7:00pm
Wednesday 21 st August	DISTRICT ATHLETICS CARNIVAL
Friday 23 rd August	Corpus Clubs - SESSION 4
Thursday 29th August	Father’s Day Stall <i>Students can go shopping for Father’s Day Gift priced \$2 - \$6</i>
Friday 30 th August	FATHER’S DAY BREAKFAST 7:30am Guest Speaker at 8:45am Father’s Day Liturgy at 9:45am followed by Tour of our Learning Communities
Friday 30 th August	Summer Sports – Lightning Premiership
Friday 6 th September	Corpus Clubs - SESSION 5 Whole School Assembly at 2:05pm
Friday 13 th September	<u>FOOTY COLOURS DAY & HOT DOG LUNCH</u> Students wear their team colours & bring gold coin donation! Wear you active wear for a day of fun and outdoor activities!
Sunday 15 th September	Corpus Christi Community Mass at St Mary MacKillop Chapel
Tuesday 17 th September	Parents and Friends Meeting in the Staffroom at 7:00pm
Wednesday 18th September	Newsletter Day!
Thursday 19 th September	Whole School Assembly at 2:05pm
Friday 20 th September	LAST DAY OF TERM - Children Dismissed at 1:00pm for Term 3 Holidays
<u>TERM 4</u>	
Monday 7 th October	Term 4 Begins today - Students return to school
Friday 11 th October	Mission Month Liturgy at 8:50am Corpus Clubs - SESSION 6
Monday 14 th October	Back to School BBQ 2019 Year 7 and Year 6 children and families School Board Meeting at 6.30pm in the Staffroom
Tuesday 15 th October	Parents and Friends Meeting in the Staffroom at 7:00pm
Thursday 17 th October	Junior Excursion - Grade 1 Dinner and Grade 2 Sleepover at school Storytime – 2020 Foundation Children
Friday 18 th October	Junior Incursion - All grade 1 and 2s in MFR Unit Assemblies 2:05pm - All welcome! (Found in Yellow, Midd in Purple, Snr in Blue) excluding Junior Unit
Sunday 20 th October	Corpus Christi Community Mass 10.00am at St Mary MacKillop Chapel
Monday 21 st and Tuesday 22 nd October	MIDDLE CAMP
Thursday 24th October	Corpus Clubs - SESSION 7 Corpus Christi ARTS Show and Corpus Clubs Showcase
Thursday 31 st October	Transition Session 1 – 2020 Foundation Children
Friday 1 st November	All Saints and All Souls Liturgy at 8:50am Whole School Assembly at 2:05pm
Monday 4 th November	School Closure Day - No School Today
Tuesday 5 th November	Melbourne Cup Holiday - Public Holiday
Wednesday 6th November	Newsletter Day!

2019 SCHOOL CALENDAR & EVENTS

Friday 8 th November	Book Character Parade
Tuesday 12 th November	AGM School Board
Thursday 14 th November	Transition Session 2 – 2020 Foundation Children
Friday 15 th November	Whole School Assembly at 2:05pm
Saturday 16 th November	PARISH FAIR
Tuesday 19 th November	Parents and Friends Meeting in the Staffroom at 7:00pm
Friday 22 nd November	JUNIOR SPORTS DAY
Thursday 28 th November	Transition Session 3 – 2020 Foundation Children
Friday 29 th November	Whole School Assembly at 2:05pm
Monday 2 nd December	CC Carols on the Green
Friday 6 th December	Advent Reflection
Monday 9 th December	Orientation 2020
Tuesday 10 th December	Graduation Mass at 6:00pm
Wednesday 11 th December	Newsletter Day!
	Meet & Greet the Teacher 3:30pm to 4:30pm
Friday 13 th December	Adventure Park Grade 6 Children
Monday 16 th December	Final Whole School Assembly at 2:05pm
Tuesday 17 th December	<u>Last Day of School for 2019</u>
	<u>End of Year Prayer Service - Children DISMISSED at 1:00pm</u>
Wednesday 18 th December	Staff Only at School (School Closure Day) - First Aid Training for All Staff
Thursday 19 th December	Staff Only at School (School Closure Day) - Planning for 2020



Daily lessons in resilience

by Michael Grose

Recently, I saw a mother give a simple, yet profound resilience lesson to her school-aged child, after he missed a much-anticipated excursion due to poor behaviour at school. Replying to the child's protests about teacher unfairness and his over-reaction to missing out on a learning opportunity his mum simply replied, "Oh well!" Then she busied herself with other tasks. The child stunned by her reaction, shrugged and headed off to complete his homework.

Adult reactions matter

It's in our reactions to children's and young people's every day mistakes, mess-ups, muck-ups and hurts where the real lessons in resilience lay.

The lessons for this child were simple but profound. "Oh well" meant:

- *Stuff happens*
- *Don't look for fault or blame*
- *Keep your perspective*
- *Pick yourself off and continue with what you were doing*

How to react

The resilience lesson for this mother were equally as profound. When a minor mishap with a child or teenager occurs:

- *Match your response to the incident*
- *Stay calm and be positive*
- *Don't look for fault or blame*
- *Remember, stuff happens*

Resilience lesson for parents – "Oh well"

Every day there are opportunities for parents to give their children lessons in resilience.

A child misses being picked for a team that he had his heart set on joining. *"Oh well. Let's see how you go next time"*

When a boy experiences rejection in the playground at school. *"Oh well. You'll find that some people don't want to be your friend."*

When a teenage girl doesn't get the mark she thinks she deserves in an assignment. *"Oh well. Sometimes we don't get the marks we think we deserve."*

Match your response to the challenge to promote resilience

There are times when "Oh well" won't cut it. When a child is bullied he needs your continued support.

When a student's continuous efforts at improvement are constantly met with criticism then you may need to act on his behalf and meet with a teacher.

When a child always struggles to make the grade and is never picked for a team then you may need to help him make different choices.

These types of situations also present opportunities for daily lessons in resilience, but they require more parental support and teaching.

The resilience lessons learned are deeper and include concepts such as 'things will eventually go your way,' 'there are times when you need to seek help' and 'this too shall pass.'

Promoting personal resilience focuses on helping kids cope with life's hurts, disappointments and challenges in the present, while building strengths for the future.

Daily lessons in resilience are everywhere. You just need to be ready to make the most of these valuable lessons when they come your way.



Michael Grose

Michael Grose, founder of Parenting Ideas, is one of Australia's leading parenting educators. He's the author of 12 books for parents including *Spoonfed Generation* and the best-selling *Why First Borns Rule the World and Last Borns Want to Change It*. His latest release *Anxious Kids*, was co-authored with Dr Jodi Richardson.